



Jesus: The Bread and the Vine

The "I AM's" of Jesus recorded in the Gospel of John

I AM

(John 8:58)

- **A claim to be God.**

I AM the Bread of Life

(John 6:35, 48, 51)

- **Everyone gets hungry.**
- **How can I ingest as much of Him as possible?**

I AM the True Vine

(John 15:1, 5)

- **Everyone can change.**
- **How can I invest as much of me as possible?**

Getting Started: Why do pictures often help us understand things in a way that words alone cannot?

Digging In: Read John 6:22-71. What starts the discussion about Jesus being the Bread of Life (vv 25-30)? What did Jesus say about himself being bread that made it difficult for people to hear? What additional insight do these verses give about the idea of Jesus being the bread of life (Dt 8:3; Ps 73:25, 26; John 4:14, 5:38-40)? What guarantee does Jesus give three times to those who eat his flesh and drink his blood?

Read John 15:1-17. What type of plant comes to your mind when Jesus talks about being the vine? What is the relationship between abiding, prayer, obedience and love? What do you make of Jesus saying, "apart from me you can do nothing?" What insight do these verses give concerning the kind of fruit God wants to produce in our lives (Matt 3:8, 4:8; Ga 5:16-23; Ep 5:9; Php 1:11; Co 1:5-10; He 12:11)? Why does Jesus talk about the vine and the branches in verse 11?

Living It Out: How does the picture of Jesus being the Bread of Life help you understand what it means to be in a relationship with Him? How does the picture of Jesus being the True Vine help you understand what it means to be in a relationship with Him? What things will you do this week to stay connected to Jesus as the vine? What will you do this week in a tangible way to make Jesus your bread of life?



Jesus: The Bread and the Vine

The "I AM's" of Jesus recorded in the Gospel of John

I AM

(John 8:58)

- **A claim to be God.**

I AM the Bread of Life

(John 6:35, 48, 51)

- **Everyone gets hungry.**
- **How can I ingest as much of Him as possible?**

I AM the True Vine

(John 15:1, 5)

- **Everyone can change.**
- **How can I invest as much of me as possible?**

Getting Started: Why do pictures often help us understand things in a way that words alone cannot?

Digging In: Read John 6:22-71. What starts the discussion about Jesus being the Bread of Life (vv 25-30)? What did Jesus say about himself being bread that made it difficult for people to hear? What additional insight do these verses give about the idea of Jesus being the bread of life (Dt 8:3; Ps 73:25, 26; John 4:14, 5:38-40)? What guarantee does Jesus give three times to those who eat his flesh and drink his blood?

Read John 15:1-17. What type of plant comes to your mind when Jesus talks about being the vine? What is the relationship between abiding, prayer, obedience and love? What do you make of Jesus saying, "apart from me you can do nothing?" What insight do these verses give concerning the kind of fruit God wants to produce in our lives (Matt 3:8, 4:8; Ga 5:16-23; Ep 5:9; Php 1:11; Co 1:5-10; He 12:11)? Why does Jesus talk about the vine and the branches in verse 11?

Living It Out: How does the picture of Jesus being the Bread of Life help you understand what it means to be in a relationship with Him? How does the picture of Jesus being the True Vine help you understand what it means to be in a relationship with Him? What things will you do this week to stay connected to Jesus as the vine? What will you do this week in a tangible way to make Jesus your bread of life?

**read + listen
+ respond**



***The seven "I AM's" of Jesus
recorded in the Gospel of John***

"I am the bread of life"
(John 6:35, 48, 51)

"I am the true vine"
(John 15:1, 5)

"I am the door of the sheep"
(John 10:7, 9)

"I am the good shepherd"
(John 10:11, 14)

"I am the light of the world"
(John 8:12)

"I am the resurrection, and the life"
(John 11:25)

"I am the way, the truth, and the life"
(John 14:6)

⁵⁶Your father Abraham rejoiced at the thought of seeing my day; he saw it and was glad." ⁵⁷"You are not yet fifty years old," the Jews said to him, "and you have seen Abraham!" ⁵⁸"I tell you the truth," Jesus answered, "before Abraham was born, I am!" ⁵⁹At this, they picked up stones to stone him, but Jesus hid himself, slipping away from the temple grounds.

John 8:56–59 (NIV)

**read + listen
+ respond**



***The seven "I AM's" of Jesus
recorded in the Gospel of John***

"I am the bread of life"
(John 6:35, 48, 51)

"I am the true vine"
(John 15:1, 5)

"I am the door of the sheep"
(John 10:7, 9)

"I am the good shepherd"
(John 10:11, 14)

"I am the light of the world"
(John 8:12)

"I am the resurrection, and the life"
(John 11:25)

"I am the way, the truth, and the life"
(John 14:6)

⁵⁶Your father Abraham rejoiced at the thought of seeing my day; he saw it and was glad." ⁵⁷"You are not yet fifty years old," the Jews said to him, "and you have seen Abraham!" ⁵⁸"I tell you the truth," Jesus answered, "before Abraham was born, I am!" ⁵⁹At this, they picked up stones to stone him, but Jesus hid himself, slipping away from the temple grounds.

John 8:56–59 (NIV)